

Pedal Power

May, 2024

www.BayViewBikeClub.org



The Prez Sez

by Craig Meyer

At the time of this message BVBC is a month into the riding season. What I am about to discuss may be of interest for members looking to move away from the hard copy cue sheet. I was reading some online articles about navigation apps. The general gist of the articles is that Ride with GPS (RwGPS) gets consistent sound marks for navigation and particularly good marks for creating routes, which is key at BVBC.

With the BVBC membership, members get access to the no-charge version of RwGPS, and that no-charge app will take a rider far. Mounting the phone on your bike and using the phone for visual cues may be impractical, as the phone's battery longevity could be a limiter. Using the phone for audio cues into an earbud is very practical from a battery life perspective. The battery will easily last 3+ hours if not required to light up and show visual mapping cues on the screen.

A practical solution for constant visual mapping cues may be to incorporate a bike computer on the handlebar of your bike. Attaining 10+ hours of battery life from a

current bike computer is easily attained. Dominant manufacturers of navigational bike computers include, in no particular order:

1. Bryton
2. Garmin
3. Karoo
4. Lezyne
5. Wahoo

All of these devices will have a means to download routes from RwigGPS and other third-party navigational apps. Having a navigational tool that you are comfortable with can add to your riding enjoyment by easing your mind from navigational doubts and enabling you to focus on other, more fulfilling elements of riding.

Please reach out to me if you have interest in utilizing a navigational tool with your BVBC experience. BVBC would be happy to hold a navigational seminar for membership to put these tools to use, and flex the tool on a short-defined route, on a select weeknight evening. BVBC wants to facilitate maximum enjoyment of cycling to membership. Enabling route navigation through technology may assist in reaching that end. Ask me any questions that you may have.

Below is a snapshot of current computer prices from the April 2024 article in Cycling News.

Make/Model	Price
Bryton Rider 420 cycling computer	\$112.84
Garmin Edge 130 Plus	\$166.38
Lezyne Mega XL GPS	\$199.99
Garmin Edge 830	\$309.99
Garmin Edge 540	\$329.99
Wahoo Elemnt Bolt	\$348.88
Hammerhead Karoo 2	\$399
Wahoo ELEMNT Roam	\$400
Garmin Edge 1030 Plus	\$454.99
Garmin Edge 1040 Solar	\$739.99

Source URLs:

<https://www.cyclist.co.uk/in-depth/the-best-cycling-apps-for-route-planning-and-navigation>

<https://whiteroseclassic.org.uk/navigation/cycling-navigation-app/>

<https://www.cyclinguk.org/cycle-magazine/group-test-navigation-apps>

<https://www.cyclingnews.com/features/best-cycling-computers/#section-the-best-bike-computer-overall>

NOTE: If any of the above links don't work, try pasting the link (or URL) into your web browser address bar.



Membership Notes

By JD Rindahl

No Updates

Scavenger Hunt

By Mike Dix

Scavenger Hunt Ride and Picnic Saturday May 18th at 9:00am. I designed the first scavenger hunt rides about 7 years ago and I've been improving it ever since. This year's start is the same as last year, Cool Waters parking lot in Greenfield Park. Be ready to ride at 9am. Bring a smart phone with camera. The general idea is to find the things on the list and take a picture of it. There will be a picnic in the park right after the ride. There is no need to RSVP. You are welcome to come just for the picnic at about 12:30.

Here are the rules: Teams of 4 riders. Find as many of the things on the list as you can, take a picture of it, (One picture per team) and return by 12:30. You'll get the list of things to find at the start of the ride. All pictures must be taken by a team member during the ride. If a team member is not back by 12:30, their pictures cannot be used. The route will follow the Oak Leaf Trail north out of Greenfield Park, then follow the Hank Aaron Trail east towards the lake and return. All items to find will be near the Hank Aaron or Oak Leaf trails. Ride distance will be about 22 miles. There will be a route and cue sheet this year.

Hints Have a team meeting before you leave and assign different things to each rider. You will be able to find most things on the list with your smartphone before you leave the park. (google maps). It's uphill and often into the wind on the way back to Greenfield Park. (I've been told it's a 3000ft climb) --so allow enough time to get back.

Calling All Tuesday Morning Riders

By Linda Roessl

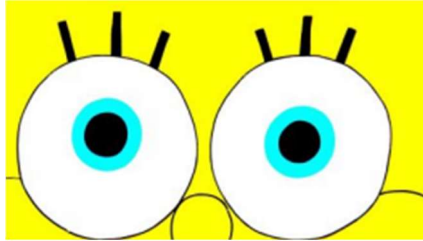
Tuesday, May 7th kicked off the Tuesday morning rides: every Tuesday weather permitting. Jeff or the ride coordinator will put info on Facebook if the weather requires the ride to be cancelled. Tuesday rides start at 9:00am May thru October typically starting from Beulah Brinton in Bay View, BUT the third Tuesday of every month we will start from Greenfield Park in the parking lot across from the Cool Waters Park. Those dates are as follows: May 21st, June 18th, July 16th, August 20th, September 17th & October 15th.

Just a reminder: There are no cue sheets or RwGPS provided at these rides. Please be able to keep up with the group. Try your best to respect the rules of the road; stopping for red lights and red stop signs. Riding two abreast only when you are not impeding traffic. If you bring a guest, please remind them of these safety features of the BVBC rides. See you at the ride.

Tips for Cold Weather Riding

See the articles below for tips on cold weather riding (these do not include moving to Arizona or Florida)

<https://www.trainingpeaks.com/blog/cold-weather-cycling/>
<https://www.bicycling.com/training/g20011536/guide-to-winter-cycling/>
<https://www.rei.com/learn/expert-advice/winter-bicycling.html>



We Have the Following Opportunities Available!

Ride with GPS savvy tech!

We're looking for a volunteer, who's willing to provide technical support, and guidance, to club members on how to use Ride with GPS, when needed.

If interested, please contact Andy Sikorski @ ajsikorski@hotmail.com.



The Board Members



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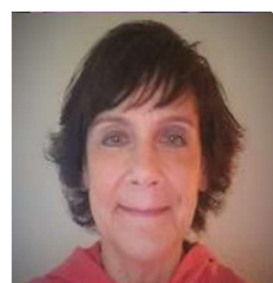
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Board Member: Emily Carman
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Event Chair: Donna Spars
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Newsletter

By Robin Beattie

Don't forget, all club members are welcomed and encouraged to submit articles of interest and pictures to the newsletter.

Newsletter@BayViewBikeClub.org



BVBC Mailing Address

Bay View Bicycle Club
PO Box 070455
Bay View, WI 53207

Club Website



Thanks Dean for keeping
our website updated!!

www.BayViewBikeClub.org



Facebook

Check out our club Facebook page for up-to-date information and events.

A Word About Your Electronic Information

Your privacy is important to us. We don't share any of our membership information with anyone except the current membership. We don't sell or forward your email address to any outside organizations. The BVBC board will distribute a club membership roster to current, paid club members once during the later part of the riding season. The roster will include name, address, phone and e-mail. It will be distributed in .pdf format. We will no longer print a membership directory on paper. If you do not want your contact information to be a part of the roster, you may indicate that by marking the check box on your membership application or renewal or by sending an e-mail to [membership-info@bayviewbikeclub.org].

With very few exceptions, all e-mails you get from us will be directly related to club activities. Please don't ask us to forward any e-mails to our membership. Please don't ask us to put you in contact with specific members. We don't do those things. If you would like to share your experiences about a particular ride, feel free to do that by submitting a comment or article for the newsletter. Many bicycle event organizers ask us to forward information about their ride to our members. In order to limit the number of e-mails you get from the club, we don't forward e-mails from outside organizations. We will publish information about rides, events etc. if it is submitted to the newsletter. You may also find information about the club, club rides and other bicycling events on the club Facebook page.



Let's Be Safe Out There!