

Pedal Power

Bay View Bicycle Club (BVBC) Newsletter

www.bayviewbikeclub.org

May, 2017

Next newsletter deadline: June 5,
2017

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May member meeting

Beulah Brinton Community Center
2555 S. Bay St. Bay View

Monday, May 15, 2017, 7:00 pm

Speaker: Bernadette Watts of UPAF and our Annual "How to
Change a Flat Tire Clinic"

The Prez Sez

What a great start to the 2017 cycling season. We have had great weather (well, mostly at least), great routes for getting those legs used to spinning again (including two new routes) and even managed to find a new pizza place for after the ride refueling and relaxing. Looking ahead, all I can see are great rides and fun times.

Make sure you join us for this month's membership meeting. In addition to our guest speaker, we will be holding our annual "How to Fix/change a flat tire" clinic. Being able to fix a flat tire is a skill every good cyclist should have, so if you've never had to do it or just think you need some practice, bring a wheel to the meeting and we'll show you how to Git 'er done (apologies to Larry the Cable Guy). If you are a member who has had extensive practice in this particular skill.....perhaps you could share some pointers.

As always, hope to see you on a ride,

Rich

The Veep Speaks

We will have two guest speakers at our May meeting.

UPAF Ride for the Arts. Bernadette Watt from the UPAF will talk about the upcoming ride for the arts and the volunteer positions still needed. She will bring route maps and related materials. There are a few ride marshal slots open on the 70 mile route. They still need volunteers for Sentry Captains. Sentries are the folks you see sitting at intersections with flags to make sure the riders stay on course. The Sentry Captains **circulate** between a set of sentry locations on an assigned portion of the route to make sure things are running smoothly.

Sentry Captains may use a **BIKE** or a car (and they get a cool special t shirt too). There are several sections of the route that still need captains including Bay View and St Francis. Each area can also be served by a **team of more than one captain**. Come to the meeting to learn more.

UPAF Sentry Captain Areas Available

Sentry Area #2 – Bayview 7:30AM - 1:00PM

Sentry Area #3 - St. Francis, Cudahy, S. Milwaukee 7:30AM - 12:45PM

Sentry Area #4 - Hoan Bridge 6:00AM - 9:15AM

Sentry Area #5 - Shorewood, Whitefish Bay 6:30AM - 1:15PM

Sentry Area #6 - Fox Point, Bayside, Mequon 6:30AM - 12:45PM

Sentry Area #7 – Mequon 6:45AM - 1:00PM

BVBC Annual How to Change a Flat Tire Hands on Workshop

This year we are having a special guest to lead the workshop: A renowned Bicycle Tire Whisperer (no, it's not who you are thinking) will be on hand to lead the work shop and provide insight and tricks for changing a tire quickly, and correctly.

Bring your bike (or just a wheel) and any of those tools you bought because someone told you should but never figured out what to do with them. No tools? No problem. We will have plenty on hand.

There is no substitute for hands on experience. And the time to learn how to change a flat for the first time is not in the middle of a route—you can be certain it will occur on a day that the weather is bad or you need to finish the ride quickly.

On the Road

By Andy Sikorski, Ride Chair

The first month+ of the club season is behind us, and so far, we're off to a good start. Weather has been mostly sunny (though perhaps a tad windy) but attendance at rides has been very strong. We've ridden two brand new routes, and there are more to come.

So far, approximately 50 club members have registered on Ride with GPS, and most seem to have found their way through the various menus and downloads to be able to use it on the weekend rides. If you haven't yet figured out how to get things working on your device, let me know and I'll work with you. Joe and I have been continually refining our instructions for people who want to sign up, and we now provide a better explanation of the steps required beyond just the initial registration process.

For those who have been successfully using the app, we always recommend deleting any old version you might have of a particular route and getting the latest copy from the online site in the days before the ride. We are continually making updates, corrections and additions to the turn-by-turn instructions as well as the various other alerts. This year, there are several routes which have been updated due to safety considerations, road configuration changes or in an effort to improve the riding experience. My goal is that by Thursday of each week, I will have verified that RwGPS matches the cue sheet and that both match our intended route.

For the more advanced users, RwGPS has added a feature which integrates with the Epic Ride Weather app. I haven't tried this yet, but the features look interesting – including a view of your route with the wind direction and speed overlaid. If we have any guinea pigs willing to try this and report back, please let me know.

Regardless of how much you've used the app (or how much you're struggling with it), if you have any questions, don't hesitate to ask!

Membership Notes

Membership renewals are overdue now. There are still a lot of members from last year who have not renewed yet. If you want to renew and have your info published in the club roster, please get your renewal sent in soon. The roster will be published next month. I will be sending out email reminders to members soon.

We had 9 people join the club last month. Please welcome the following new members:

Corrado Cirillo, Mary Hancock, Samuel Paque, Zoltan Eszes, Mike Runnells, Robert Gould, Terri Lynn Doucette, Carl Manteau & Vicki Littel

See you on the road.

Mike, Membership Chair

Memorial Day Weekender

By Linda

Come join us on Memorial Day weekend, May 26 thru May 29th, 2017 riding the scenic Vilas County, WI paved bike trails and low traffic roads. Bay View Bike Club members have reserved lodging around St Germain for the weekend. We had almost perfect weather last year, but I recommend bringing clothes for all types of weather.

On Friday May 26th for those who plan to arrive up north early, meet me at 2:00 PM at the Corner Store in Sayner located at 3109 Razorback Rd. The store is located at the intersection of County Hwy N & Razorback Rd. We will ride the paved bike trail to Boulder Junction and back, approximately 24 miles. Save room for ice cream after the ride which is sold at The Corner Store. Check the website for details at www.thecornerstoresayner.com. Mary Debilzen owns this store and sells a variety of snacks, beverages, my favorite flavored coffee and almost anything a bicyclist could need (lots of beer). Park just north of the Corner Store on Razorback road in front of the Lions Club Shelter where there are public rest rooms.

If you are unable to arrive early, I also plan to have a group meeting at the Northwood's Rest Motel located at 8083 State Hwy 70 in St Germain at 8:00PM. We will discuss which route to ride on Saturday, May 27th starting at 10:00am. After the ride each day, the next day's route will be determined by the group in attendance.

On Saturday evening, there will be a gathering at the Roessl's cottage with food and merriment. Please bring \$10 or a dish/item to pass and BYO beverages if you have specific preferences, such as: Pepsi vs Coke, red vs white, light vs MGD. I will provide some beer, wine, soda and bottled water with dinner. Please RSVP if you haven't already if you plan to attend this dinner. I do recommend bringing items that travel easily such as munchies, desserts, etc. A map to the Roessl cottage will be emailed to all who care to attend. Email me at roessll@hotmail.com or call me at (414) 764-2513 if you have any questions. We will also provide: Izzy and Roxy (dogs) who love to meet new people and boat rides.

Come join us for a getaway weekend and enjoy the Northwood's.

Newsletter

All club members are welcome to submit content to the Monthly Newsletter. If you come across something interesting to share, please feel free to send to MaryJo at newsletter@bayviewbikeclub.org. The deadline for the next newsletter is **June 5, 2017**.

Membership meeting minutes – 4/17/2017

Up to the start of this meeting--77 members have renewed. So there's lots of people out there that still need to sign the forms and pay the dues.

First picnic ride will be the Past President's Picnic at Virmond Park on the lakeshore in Mequon.

Ride with GPS. If you have any questions or concerns e-mail Andy or the help function on the Website. A few points to remember. Anyone can sign up for ride with GPS. With the free public membership you do not get audible turn by turn directions. If you are a club member, Andy will give you the code to be part of the club membership (free). Then you will have audible turn by turn directions for club rides, but not public rides. With a paid public membership you get turn by turn directions with any ride listed- thousands of them.

Anyone can submit items for the newsletter. They must be sent to Mary Jo by the 5th of the month. You can sell bike related stuff if you want.

Tuesday morning rides have started----Tuesdays at Beulah Brinton 10am about 20 miles group ride, no cue sheets, not too fast.

Steve Wittford from South Shore Cyclery (On Packard just South of Layton in Cudahy) talked about drive train maintenance. Highlights: He showed us how to use a chain tool to remove your chain, or shorten it to the correct length. How to use a master link. How to lube and clean your chain. Steve recommends--for road riding in normal good weather--use a light weight dry lube with a built in cleaner. Apply about every 200 miles or if your bike gets rained on. If you do this you generally won't need to remove the chain to clean it. Chain lube is only for chains. Steve says--chains wear out--- about 1500-4000 miles---the only way to know for sure is to have someone at a bike shop check it with a tool. Big strong people wear out chains faster than little weak people. If it's not shifting well, maybe it's worn out.

Social Chit Chat by Jill

Estabrook Park Beer Garden on Thursday, May 4



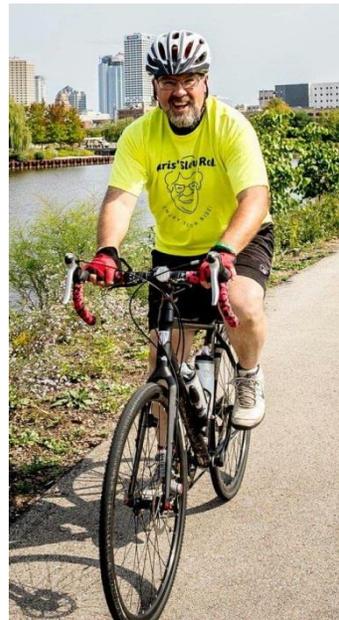
It was a great night to enjoy the weather & music.



Big beer steins to hold the free beer!



Steve's dog Bouja joined us.



President Rich arrived late and missed the group photo shoot so he gets his own picture

Ride Pictures

Submitted by Mike Dix



Bird Watching on the Secret Bong Roads Ride



Bald Eagle and nest along Wheatland Rd south of Burlington

Ride Coordinator Responsibilities

Being a ride coordinator is lots of fun and earns additional rider points. It's easy to do. There are just a few things to remember:

- ✓ Arrive a little early so that all riders have time to sign the waiver sheet.
- ✓ Provide and distribute the ride route map and cue sheet to all riders.
- ✓ Before the ride, briefly address the riders, covering (as pertinent):
 - Confirm that all riders have signed the waiver sheet
 - Acknowledge new members / guests
 - Check number of riders doing each distance
 - Route information (if known):
 - Temporary/permanent changes to the route
 - Road construction / detours
 - Rest stop opportunities
 - Have riders do a 'buddy check' to ensure that everyone is prepared for a safe ride (i.e.: wearing helmets, packs zipped up, quick releases secure, etc.)
 - Remind riders that they are obligated to follow the rules of the road.
- ✓ In case of an accident involving more serious injury or property damage, fill out the enclosed incident report when time permits. This will allow a claim to be submitted to our insurer.
- ✓ Have fun!

After the ride, return the waiver sheet (and ride package) to the Ride Chair so that everyone can qualify for rider points and to satisfy our insurance requirements. Include any items that were noted during the ride:

- ✓ Any needed additions, clarifications or corrections to the cue sheet and map.
- ✓ Concerns regarding the route.
- ✓ Any information which would improve the club experience the next time the route is ridden.

Bay View Bicycle Club

Rider Points for October 1, 2016 - April 30, 2017

<u>Rider</u>	<u>Points</u>	<u>Rider</u>	<u>Points</u>	<u>Rider</u>	<u>Points</u>
Mowery, Dean	688	McAttee, Eric	160	Patterson, Maria	62
Schmidt, Jeff	575	Temple, Mark	156	Dames, William	61
Ziegler, Suzanne	575	Marx, James	146	Torres, Jeff	59
Sikorski, Andy	518	Runnells, Mike	137	Butters, Gary	58
Ziegler, Joel	516	Litzenberg, Jill	135	Wagner, Justine	56
Siebers, Scott	478	Soriano, Joseph	134	Wagner, Matthew	56
Fishman, Steve	402	Aschenbrenner, Gary	125	Stoner, Joyce	52
Dix, Michael	365	Sullivan, Tim	117	Burke, Christine	49
Smiley, Michael	351	Beachkofski, Clare	114	Zellner, John	49
Blakely, Chuck	347	Blanchard, Stephen	112	Meagher, Gary	43
Stephens, Sharon	326	Martinez, Andy	110	Charlson, Penny	39
Rutkowski, Ron	317	Gresl, Lois	106	Gannon, Dan	39
Templin, Tod	299	Gibbs, Tamara	105	Gannon, Sandra	39
Donahue, David	294	Velickovic, Ratko	98	Walkowiak, Cheryl	38
Fischer, Joe	276	Moranski, Erica	96	Douglas, Pat	36
Lerand, Bill	273	McNaughton, Jamie	90	Mitton, Steve	34
Lerand, Carol	273	Tallberg, Janet	86	Nelson, Tom	34
Roessl, Linda	268	Thaller, Susan	85	Borchardt, Jeff	33
Ziegler, Megan	249	Crown, Ron	79	Burton, Becky	33
Hogan, Helen	236	Gietzen, Catie	79	Matson, Kevin	33
Gast, Ted	228	Ritchie, Sharon	79	Michalets, Ellen	33
Ellington, Pauline	219	Henn, Milton	77	Schwabe, MaryJo	33
Connors, Dennis	212	Peterson, Beth	76	Orosa, Jojo	26
Tuckwood, Debra	207	Klein, Robert	75	Roy, Sharon	23
Santoro, Ron	202	Umhoefer, Ron	72	Volkman, Sue	23
Wojtal, Norm	197	Moranski, Jeffrey	69	Ormond, Judith	20
Binkowski, Joslyn	194	Zur, Kimberley	67	Freischmidt, Lance	15
Temple, Rich	184	Lamers, Kim	66	Mark, Scott	14
Murray, Bob	182	Kliegman, Sharon	64		
Wojtal, Prati	169	Paque, Sam	64		

Bay View Bicycle Club Ride Schedule for May 8, 2017 - June 30, 2017

All Rides Start at 10am April and October and 9am May through September

Tuesdays- Morning Rides (May - October) - miles vary

Start at 9:00am from Buelah Brinton Community Center, 2555 S Bay St, Bay View. Routes determined day of ride but are usually around 20 miles.

May 13, 2017- Big Foot Prairie - 23, 35, 41, 53 miles

Ride through rolling hills south of Delavan Lake then across prairie through farm country. Rest stop in Sharon WI visit old fashioned ice cream shoppe. - Take I43 south to Elkhorn. Exit Hwy 67. Turn left (south). Follow Hwy 67 south through Williams Bay and Fontana into Walworth. Turn right at stop sign go one block, turn left on Reed St about 4 blocks. Starts in high school parking lot.

May 14, 2017- Greenfield Park SW - 28, 47 miles

Rural ride going through Muskego, New Berlin and Windlake - Starts at Greenfield Park. Take I-894, exit at Greenfield Ave. Go west to 124th St. Turn Left on 124th and left into park at the Cool Waters Sign. Park in the north lot across from the Cool Waters Pool.

May 17, 2017- Ride of Silence - 10 miles

Easy ride in silence at a very slow pace. Ride to honor bicyclists killed by motorists, promote sharing the road, and promote awareness of bicycling safety. - Starts at 7:00 pm at all Wheel & Sprocket locations.

May 20, 2017- Dundee - Northern Kettle Moraine - 20, 31, 44 miles

Very scenic ride through Northern Kettle Moraine state forest. Short route is fairly easy, longer routes are moderately hilly. - Starts from Mill Park in Dundee. Take I-41 north to the US 45 split (Cabelas). North on US 45 to WI 67 (approximately 7 miles past Kewaskum). East on 67 to Dundee. Park in lot behind the Hamburger Haus. Approximate drive time: 55 minutes from Zoo.

May 21, 2017- Dousman Ride - 20, 37 miles

Very scenic rural ride around Dousman area with some rolling hills. - Starts at the Dousman village parking lot, 118 S. Main St in Dousman. Take I-94 west to WI 67 (Oconomowoc exit), south on WI 67 approximately 3.4 miles, right on US Hwy 18/Sunset Dr for .5 miles, turn left on Main St and go .8 miles. Park in the new village parking lot just south of the Drumlin bike trail. There are restroom facilities in adjacent the park. Drive time about 30 minutes from the Zoo.

May 27, 2017- Urban FIXX - 16, 23, 34 miles

Urban ride through St Francis, Milwaukee and South Milwaukee. - Ride starts at Jacobs Well Cafe (3558 E Sivyer Ave) in St Francis. Take Oklahoma east to Superior St / Lake Dr; drive south to Packard Ave; stay south to Sivyer Ave. Turn right to the coffee house. If you miss Packard, turn right on Howard then right on Packard. Park on Howard (the coffee shop has a small parking lot; save the spaces for the customers).

May 28, 2017- Harrington Beach - 26, 36, 56, 66 miles

Ride along Lake Michigan north to Harrington Beach and back. Note staggered starts for this ride. - The 56 and 66 mile routes start at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). The 26 and 36 mile routes start ONE HOUR later from the Marina in Port Washington. Take I-43 north to WI 32, 32 northeast into Port Washington, right on Washington St to marina. Approximate drive time: 40 minutes from Zoo.

May 29, 2017- Southport Harbor - 29, 40 miles

Easy scenic trail ride along Lake Michigan shore through downtown Kenosha to Illinois border. Long route circles west around Lake Andrea recreation area. - Starts near Petrifying Springs Park in Kenosha. Take I-94 south, exit at County E (Kenosha), east on County E approximately 5 miles to Hwy 31, left on Hwy 31 for 0.3 miles, right on JR for 0.6 miles to parking lot on the left, just outside of Petrified Springs Park.

Jun 3, 2017- Three Trails West - 15, 24, 26, 39 miles

Ride Glacial Drumlin, Cushing Park, and Lake Country trails to Oconomowoc. Trail Pass required. - Start at Fox River Sanctuary in Waukesha at W College Avenue and N Prairie Dr.

Jun 4, 2017- UPAF Ride for the Arts - 5, 15, 25, 50, 75 miles

Annual fund raiser for the Arts. Sign-up with the BVBC to be a ride marshall. - Starts at Summerfest grounds in downtown Milwaukee. See brochure for details.

Jun 10, 2017- LaGrange - Upstream Fajita - 34, 44 miles

Scenic ride northwest of LaGrange to Cold Spring and Palmyra - Starts from United Methodist Church N8548 County Road H, Whitewater, WI Take I-43 southwest to East Troy. West on WI 20 to US 12. West on US 12 to LaGrange. Right on Highway H 200 yards, church is on the right. Approximate drive time: 40 minutes from Zoo.

Jun 11, 2017- South Hills - 23, 37, 51 miles

Easy ride starts at South Hills Golf Club with all routes west of I-94. - Starts at South Hills Golf Course in Racine County. Take I-94 south to County K, exit on K, take east frontage road 1.5 miles south to golf course. Approx drive time :25 minutes from Zoo.

Jun 17, 2017- Past Presidents Day Ride and Picnic - 30 miles

Starts Virmond Park. Ride open to all/Picnic for members only. Bring dish to pass or \$10. Easy ride along Lake Michigan to Port Washington and back. - Starts at Virmond Park in Mequon. Take I-43 to Mequon Rd. East on Mequon Rd. to Lakeshore Dr. South approximately 3/4 mile to Virmond Park (on left). Approximate drive time: 25 minutes from Zoo.

Jun 18, 2017- White River Trail - 21, 37 miles

Scenic ride west of Burlington through Lyons and Springfield via the White River State Trail - Starts at Echo Park in Burlington. Take US 45 south to Loomis Rd, turn right on Loomis Rd/WI 36 south for 17.6 miles. Stay to the right to exit on Milwaukee Ave. Continue 3.5 miles on Milwaukee Ave to Echo Prk. 35 minuts from the zoo. State Trail pass required.

Jun 24, 2017- Cedarburg - 26, 34, 49 miles

Very scenic ride through rural area north of Cedarburg. - Starts at Centennial Park. Take I-43 north to County C (exit 89), west on C to Wauwatosa Rd (181), right on Wauwatosa Rd to Bridge St. Right on Bridge St. to Evergreen Blvd, left on Evergreen Blvd approximately three blocks. Street parking or Pool/Waterpark lot.

Jun 25, 2017- Lake Mills Triangle - 29, 41, 55 miles

Very scenic ride from Lake Mills to Cambridge and west to Lake Kegonsa State Park. Longer routes hilly. - New Starting Location: I-94 west (Exit 259 - Lake Mills), south on Hwy 89 approximately 2 miles, right on Sandy Beach Road. Park in Rotary Park lot, approximately .2 miles (enter at west end).